**DISHES AND THEIR ALLERGEN CONTENT**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| DISHES | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
|  | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| **Bread** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Square White Bread |  | X  Wheat |  |  |  |  |  |  |  |  |  |  |  |  |
| Square Granary Bread |  | X  Wheat  Barley  Rye |  |  |  |  |  |  |  |  |  |  | X |  |
| Sourdough |  | X  Wheat  Rye |  |  |  |  |  |  |  |  |  |  |  |  |
| Burger Bap |  | X  Wheat |  |  |  |  |  |  |  |  |  |  |  |  |
| Irish Stout |  | X  Wheat |  |  |  |  | X |  |  |  |  |  |  |  |
| Bagel |  | X  Wheat  Rye |  | M |  |  | M |  |  | M |  | M | M |  |
| GF Wrap (Sysco) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Beetroot Wrap |  | X  Wheat |  |  |  |  |  |  |  |  |  |  |  |  |
| White sliced (Sysco) |  | X  Wheat |  |  |  |  |  |  |  |  |  |  | X |  |
| Granary Sliced (Sysco) |  | X  Wheat |  |  |  |  |  |  |  |  |  |  | X |  |
|  | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| **Sandwich Fillings** | | | | | | | | | | | | | | |
| Coronation Chicken |  |  |  |  |  |  |  |  | X |  |  |  |  |  |
| Chicken, Bacon Mayonnaise with Red onion |  |  |  |  |  |  |  |  | X |  |  |  |  |  |
| Tuna Mayonnaise with Red Onion |  |  |  |  | X |  |  |  | X |  |  |  |  |  |
| Tuna Melt |  |  |  |  | X |  | X |  | X |  |  |  |  |  |
| Chipotle Chicken |  |  |  | X |  |  |  |  | X |  |  |  |  |  |
| Brie, Bacon & Redcurrant Jelly |  |  |  |  |  |  | X |  | X |  |  |  |  |  |
| Brie & Redcurrant Jelly |  |  |  |  |  |  | X |  | X |  |  |  |  |  |
| Egg Mayonnaise & Rocket |  |  |  | X |  |  |  |  | X |  |  |  |  |  |
| Ham & Cheddar Cheese |  |  |  |  |  |  | X |  | X |  |  |  |  |  |
| Roast Beef with Caramelized Onion Chutney |  |  |  |  |  |  |  |  | X |  |  |  |  | X |
| Roast Beef, cheddar cheese and Caramelized Onion Chutney |  |  |  |  |  |  | X |  | X |  |  |  |  | X |
| Onion Bhaji, with Chipotle Mayonnaise & Vegan smoked Cheese |  | X  Wheat |  | X |  |  |  |  | X |  |  |  |  |  |
| Hummus, roasted red pepper & Rocket |  |  |  |  |  |  |  |  | X |  |  | X |  |  |
|  | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| **Traybakes** | | | | | | | | | | | | | | |
| Caramel Slice |  | X  Wheat |  |  |  |  | X |  |  |  |  |  | X |  |
| Caramelita |  | X  Wheat  Oats |  |  |  |  | X |  |  |  |  |  | X |  |
| Jam & Cream Slice |  | X  Wheat |  |  |  |  | X |  |  |  |  |  | X |  |
| Fifteen |  | X  Wheat |  |  |  |  | X |  |  |  |  |  | X |  |
| Chocolate Brownie |  |  |  | X |  |  | X |  |  |  |  |  | X |  |
| Biscoff Cruffin |  | X  Wheat |  | X |  |  | X |  |  |  |  |  | X |  |
| Nutella Cruffin |  | X  Wheat |  | X |  |  | X |  |  | X |  |  | X |  |
| Salted Caramel Muffin |  | X  Wheat |  | X |  |  | X |  |  |  |  |  | X |  |
| Chocolate Muffin |  | X  Wheat |  | X |  |  | X |  |  |  |  |  | X |  |
| Raspberry & White Chocolate Muffin |  | X  Wheat |  | X |  |  | X |  |  |  |  |  | X |  |
| Victoria Sandwich Cake |  | X  Wheat |  | X |  |  | X |  |  |  |  |  |  |  |
| Raspberry & Coconut Loaf Cake |  | X  Wheat |  | X |  |  | X |  |  | M | M |  | M | M |
| Carrot Cake |  | X |  | X |  |  | X |  |  | X |  |  |  |  |
|  | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Mains | | | | | | | | | | | | | | |
| Chicken Stroganoff | **X** |  |  |  |  |  | X |  |  |  |  |  |  |  |
| Beef Stroganoff | **X** |  |  |  |  |  | X |  |  |  |  |  |  |  |
| Mushroom Stroganoff | **X** |  |  |  |  |  | X |  |  |  |  |  |  |  |
| Chicken Curry | **X** |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetable & Coconut Curry |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Corporate Buffet | | | | | | | | | | | | | | |
| Honey Chilli Cocktail Sausages |  | X |  |  |  |  |  |  |  |  |  |  |  | X |
| Loaf Sausage Rolls |  | X |  | X |  |  | X |  | **X** |  |  |  |  | X |
| Chicken Goujons |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Duck Spring Rolls |  | X |  |  |  |  |  |  |  |  |  | **X** | X | X |
| Goats Cheese & Cherry Tomato Quiche | **M** | X | **M** | X | **M** |  | X | **M** | **M** |  |  |  | M |  |
| Onion Bhajis | **X** | X |  | X |  |  |  |  | **X** | X |  | **X** | X | X |
| Vegetarian Sausage Roll |  | X |  | X |  |  | X |  |  |  |  |  |  | X |
| Falafel |  | X |  | X |  |  | X |  |  | X |  | **X** |  |  |
| Vegetable Spring Roll | **X** | X |  |  |  |  |  |  |  |  |  |  | X | X |
| Noodle Salad |  | X |  | X |  | **X** | X |  |  |  |  | **X** | X |  |
| Maccaroni Salad | **X** | X |  |  |  | **X** |  |  |  |  |  |  |  | X |
| Greek Salad |  |  |  |  |  |  | X |  |  |  |  |  | X | X |

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| Review date: |  | Reviewed by: |  | Food Standards Agency food.gov.uk | You can find this template, including more information [at www.food.gov.uk/allergy](http://www.food.gov.uk/allergy) |